

The Dementia Journey Supported by Bluestone

Bluestone understands how dementia changes over time for patients and families. Our primary care providers and dementia care navigators provide steady, compassionate support at every stage.

Meet Elaine Age 82 Assisted Living Retired Teacher

Elaine enjoys time with her grandchildren, reading and familiar routines. As her dementia progresses, Elaine's Bluestone care team partners with her family to anticipate changes and reduce stress — helping her stay safe, connected and at home.

NOTICING CHANGES

Elaine forgets names and misplaces everyday items. She and her family work with her provider to monitor cognitive changes.

MOMENT OF CONCERN

Elaine becomes agitated during a once-familiar routine. Her family recognizes it's time for a formal evaluation.

UNDERSTANDING THE DIAGNOSIS

A dementia diagnosis is overwhelming to Elaine. Her provider answers questions and connects her family with a care navigator to guide what's next.

CARING FOR CAREGIVERS

As worries about the future grow, Elaine's daughter receives guidance and caregiver support — reminding her she's not alone.

COORDINATED CARE

Elaine starts skipping meals and missing medications. Her provider simplifies her medications, while her care navigator adjusts her routine to reduce stress.

A TRUSTED POINT OF CONTACT

A dedicated care navigator means coordinated support for Elaine and her family — just one call away, 24/7.

EMERGENCY SUPPORT

During an ER visit, Elaine's care navigator shares her history with the hospital and coordinates a safe return home.

CONNECTED CARE FOR PEACE OF MIND

Elaine celebrates her 83rd birthday feeling cared for and comfortable — safe at home and supported by a care team that evolves with her needs.

No one has to navigate dementia alone with Bluestone.

Visit [bluestonemd.com](https://www.bluestonemd.com) to fill out the GUIDE interest form.