

Dear Everyone impacted by Covid 19,

It is shocking to realize how quickly the world as we know it has turned upside down. As Richard Rohr so aptly writes, “Each of us has had our lives and communities disrupted.” During these days of social distancing and isolation, we are all asking ourselves, how best to use our time.

With families sticking close to home and many senior centers in lockdown, is there a positive alternative to a steady diet of television? Challenges produce opportunities. Perhaps this is an opportunity to have quality conversations with those we care about. Perhaps this time will not be spent face to face, but it will occur over the phone.

**Let’s Keep Social Distancing from becoming Social Isolation...
We can help!**

As a way to bring some joy to what are seemingly endless hours of alone time, we have decided to share questions from our book *If Only You Would Ask*. Each week we will post a new set of questions designed to promote interesting, enjoyable conversations. We hope that these questions will provide a healthy distraction to the news and lead to a discussion of topics that may not have been talked about or thought about for years.

Are you ready? Here we go....

HAVE FUN!! Love, Joan and Eileen

1 Childhood Memories

What do you remember about your grade school years?

- 1) How did you get to school? Did you carry a lunch?
- 2) Who was your favorite elementary school teacher?
- 3) What did you do during recess?
- 4) Was there a bully in your school?
- 5) Do you still maintain a friendship with a grade school friend?
- 6) As an elementary age student, what obstacles did you face?
- 7) What was a favorite song or game you remember?
- 8) Were your parents involved as leaders or coaches in your activities?
- 9) What are some happy memories from your grade school years?

For more about our story, visit www.ifonlyyouwouldask.com